

EXCELLENCE IN DENTAL HYGIENE

A preventive and non-surgical approach to maintaining healthy gums for a lifetime

Abbas Haider, DDS

The Cleaning

Just as it has been done for hundreds of years, a dental cleaning involves instrumentation of the teeth surfaces. All plaque and calculus are removed. Typically, no anesthesia is utilized.

Cost: depends on the extent of Periodontal Disease and the insurance, if any, you present with.



Laser Assisted Periodontal Therapy



A laser is used to remove diseased tissue and kill bacteria rendering a sterile and healthy environment that is conducive to maintaining a strong foundation for the teeth. This will improve chances of not only stopping Periodontal Disease in its tracks but may also help in regeneration of the foundation around the teeth! Minimal to no discomfort and typically no anesthesia is needed.

Copy and Paste to learn more: <https://www.youtube.com/watch?v=8xgFphyUFM0>

Cost for full mouth laser therapy: \$575 (no insurance coverage).

Perio-Protect



No matter how good you brush and floss, you will always have some areas of bleeding around the gums/teeth, accumulation of plaque/calculus, accumulation of stains and maybe deep/periodontal pockets. Dr. Haider educates you on effective techniques of brushing and flossing. But for over 18 years he has been trying to find the perfect formula to help patients maintain a healthy foundation in between hygiene visits without counting on them to perfectly brush and floss every single day for months. Perio-Protect is the answer. Used in conjunction with the dental cleaning and laser therapy, Perio-Protect will maintain a healthy foundation so that you will accumulate minimal calculus (if any); your gums will remain healthy; your teeth will feel smooth; you will not have to worry about stained teeth; and your teeth will even get brighter! This is also the answer for sensitive teeth. Perio-Protect is a must for **ALL** adult patients. It will not only prevent gum/periodontal disease, it will help those who have been treated for Periodontal Disease facilitate healing of gums such that you may have regrowth of bone in areas previously damaged by disease.

Dr. Haider uses a unique combination of treatment modalities to attain and maintain health of the gums without going through painful and expensive periodontal surgery or losing teeth. No one has time to floss perfectly daily to find out that there are still areas of bleeding gums and deep pockets when you come in for a dental cleaning. It is time to take control of your oral health and Dr. Haider will help you do this! When

his patients come in for a cleaning, it takes less time than the cleanings use to take because there will be little or no calculus or stain to remove. It truly will be a “feel-good” visit.

Copy and Paste to learn more: <https://www.perioprotect.com/what-is-perio-protect/#>

Cost for Upper and Lower Perio-Protect trays, 1 tube Periogel and a nice storage:
\$1200

MI PASTE PLUS

MI Paste releases calcium and phosphate to the surface of the teeth. It is a water-based, sugar-free topical tooth crème. MI Paste Plus enhances mineral release without encouraging the formation of calculus and is enhanced with a patented form of fluoride (900ppm).

- Relieves tooth sensitivity
- Does not irritate dry mouths caused by certain medications
- Helps minimize tooth sensitivity before and after professional cleaning
- Helps to minimize tooth sensitivity after whitening procedures
- Is helpful during orthodontics relative to helping control (or reduce) dentin hypersensitivity
- Helps minimize or eliminate “white” spots on teeth (**additional costs may be incurred for this procedure**)
- Can be used in children six years and under and pregnant women

Cost: \$40

Dr. Haider wants patients to take advantage of this amazing system so much so that is offering the following to all patients for a limited time:

1. Schedule to get your teeth examined by calling 404-567-8485.
2. If you schedule a **cleaning, laser therapy and perio-protect**, your total out of pocket expense will be \$920, payable in 2 installments, 30-days apart. Upon payment in full, you will also get the MI Paste absolutely FREE!
3. This offer expires 12/31/2016.